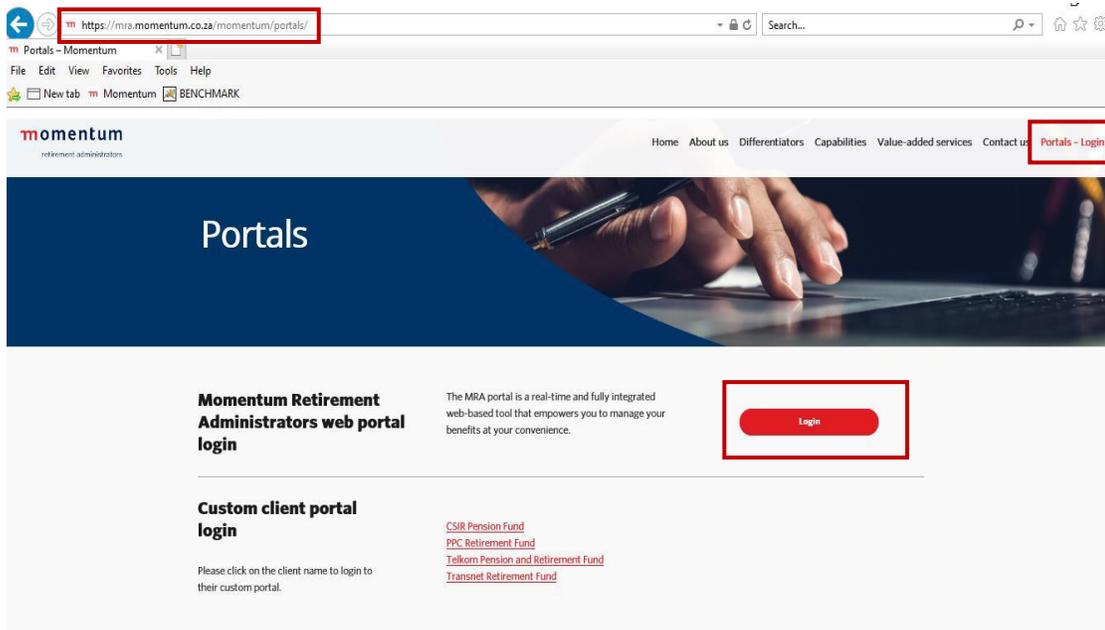


**Please follow these steps to access the member portal as a member**

1. To access the member portal please use the following link:  
<https://mra.momentum.co.za/momentum/>
2. Click on **Portal – Login** and, **Login**



3. Click on **Register**:

**Momentum Retirement Administrators web portal login**

Username: \*

Password: \*

[Forgot password?](#)

4. You will need to complete the details on each of the following tabs:



Details for each section:

- a) Please note that after completing each section you will need to click **next** until all sections are completed.
- b) The **identification** section (ID number or Passport number) – Please ensure that the information you use matches the information currently in the system. If no match is found, please contact MRA for assistance ([mrwebqueries@momentum.co.za](mailto:mrwebqueries@momentum.co.za))
- c) For **personal details** – Select a username that is either your email address/cell number/ a name that is at least 7 characters long. Also, kindly indicate how you will prefer to receive your password communication (SMS or Email). Lastly, please read and accept the terms and conditions before clicking next.
- d) Once **complete** and your details are validated by the system, you will be routed to the OTP verification process. An email or SMS will be sent to you with the OTP and should be used within 3 hours of being received. If unable to use it within 3 hours, please click on resend OTP. Verify the
- e) Enter and verify the OTP

**IMPORTANT MESSAGE: Please do NOT leave this page until you have entered your OTP number.**

We have sent you a one time pin to your email that is valid for the next 3 hours.

Please enter OTP:  [Verify OTP](#) [Resend OTP](#)

How to login after registration

- 1. Please enter your **username and password**, and then click on login. Login can be done via the website (<https://mra.momentum.co.za/momentum/>)

Momentum Retirement Administrators web portal  
login

Username: \*

Password: \*

[Forgot password?](#)

Or by downloading the MRA app which is available on both Google Play Store and Apple store.

For the app store (Apple): <https://apps.apple.com/us/app/metra-members/id499542181?ls=1>

For Play store (Android): <https://play.google.com/store/apps/details?id=za.co.momentum.mra>

### **Forgot your password?**

- a) If you have forgot your password, you can request a temporary password that will be send to you via email/SMS.
- b) You will need to click on **forgot password** on the login screen

Momentum Retirement Administrators web portal  
login

Username: \*

Username

Password: \*

Forgot password?

Login Register / OTP

- c) Please **click** on the option you would prefer.

Forgot login details

1 TYPE 2 FORGOT USER NAME 3 FORGOT PASSWORD 4 COMPLETE

I have forgotten my username.  
 I have forgotten my password - Send me my password hint.  
 I have forgotten my password - Send me a new password.

Next